

TABLE TOP SUPPORT

INSTRUCTIONS



OWL LEASING, INC.

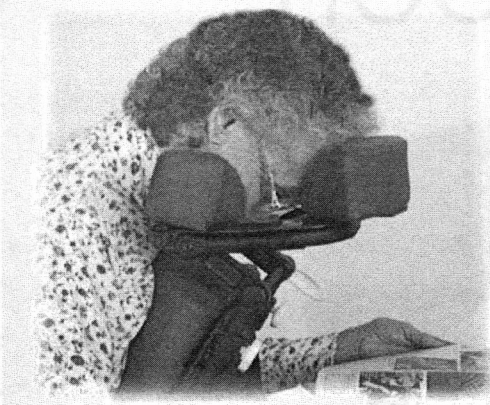
800-916-4592

Let us put you at

Table Top Support System™



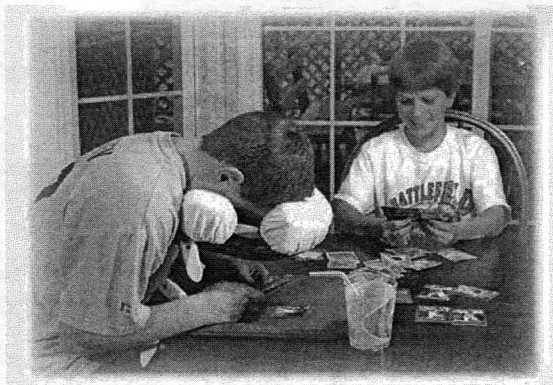
The Table Top Support System™ is a versatile, comfortable ergonomic support that can help ensure compliance with the prescribed face down posture and still allow you to continue with most of your daily activities.



While you are awake and sitting, the unit can be placed on a table to let you join your family and friends to eat and socialize. It is both comfortable and versatile, easy to move from place to place keeping you involved with life and maintaining the face-down position needed for full recovery.



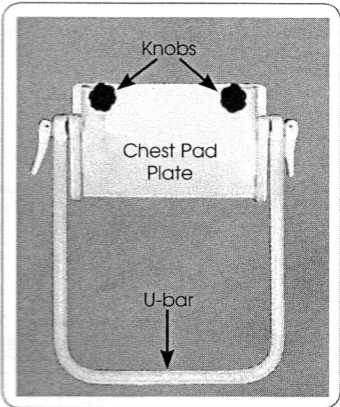
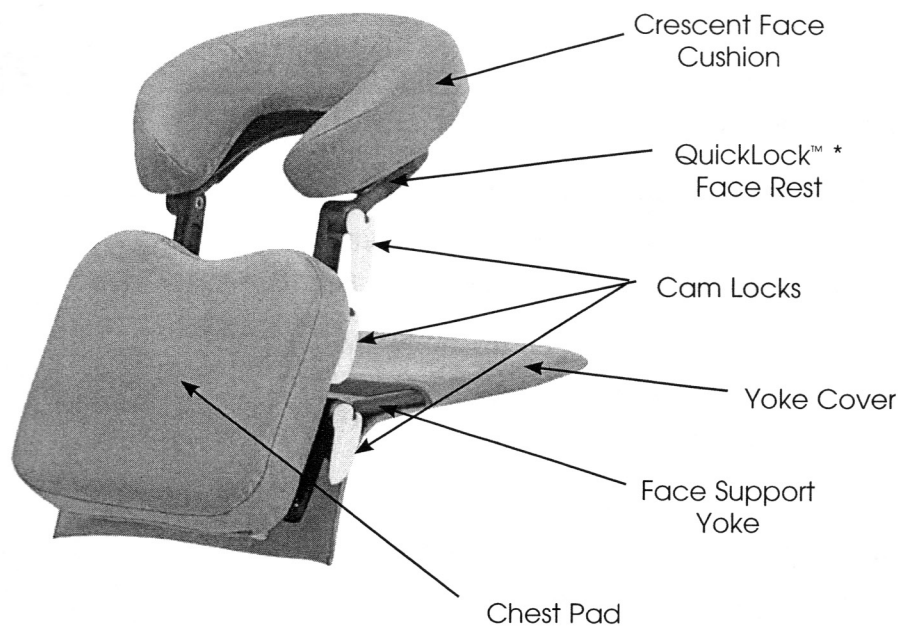
- We help you meet your doctor's post-operative care instructions.
- We help you heal more comfortably.
- We help you to take some of the stress out of your recovery period.
- We guide you through the use of our equipment to maximize your rate of recovery*.
- Our equipment provides proper ergonomic support and allows comfortable breathing.
- We offer you the ability to be out of bed during the day without suffering from back or neck pain associated with face-down positioning.



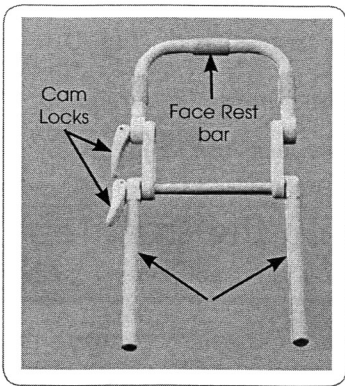
*** as documented in physician letters
of medical necessity on file.**

Product Description

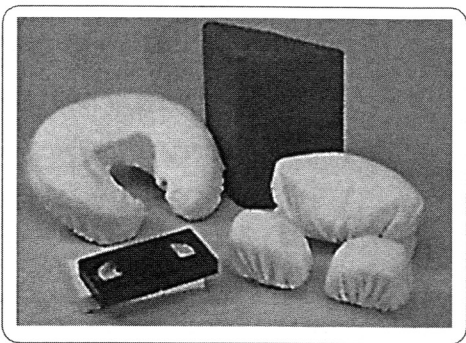
Table Top Support



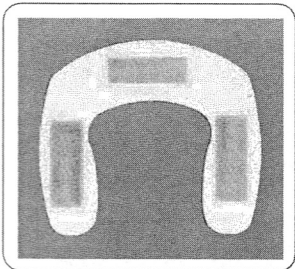
Face Support Yoke



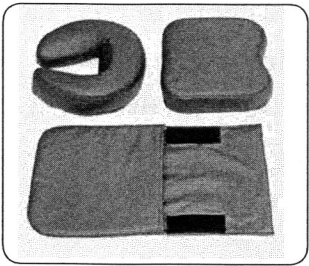
QuickLock™ * Face Rest



Sternum Pad, Crescent Face Cushion w/Flannel Cover, 3-Pad Face Cushion w/Flannel Covers & Instructional Video



3-Pad Face Plate



Crescent Face Cushion, Chest Pad, Yoke Cover

Use Instructions

How to Use the Face Support System on a Desk or Tabletop:

- Remove the Face Support from the box and place it on the table. All cams should be locked. Remove the knobs from the package and loosely tighten them to the Chest Pad Plate. (Fig. 1)
- Loosen the cam locks. Slide the Face Support to the edge of the table until the Chest Pad is perpendicular to the table top and the QuickLock™ Face Rest is laying down on the table. (Fig. 2)
- Sit at the desk or table, with the Face Support on the table top facing you. Lean forward onto the Chest Pad and lock it in place with the lower cam locks when you feel comfortable. (Fig. 3)
- With one hand move the face rest up and down, in and out, until it is in a comfortable and supportive position. Your eyes should be at the same level as your chin, or a little lower.

When you have the face rest adjusted properly, use your other hand to gently tighten the knobs and push down on the cam locks. This will secure everything in position. (Fig 4)

► *NOTE: Do Not over-tighten the knobs. They require very little friction to hold the face rest in place.*

How to Use the 3-Pad Cushion on the Desk Top Support System:

- With the 3-Pad Cushion on the Face Support, remove the 2 cheek pads and hold them up to your face where they are comfortable. Be sure that they are not in the way of your glasses or any eye patch or bandage. (Fig 5)
- Still holding the cheek cushions to your face lean forward onto the face rest until the cushions are again in contact with the velcro of the plastic plate. (Fig. 6)

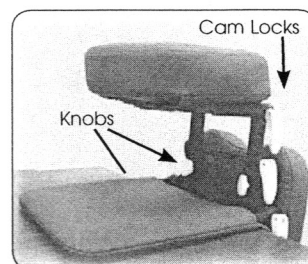


Fig. 1

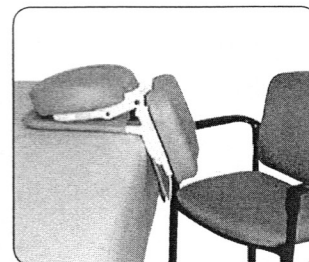


Fig. 2

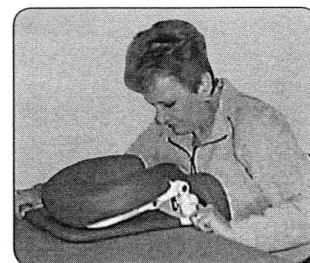


Fig. 3

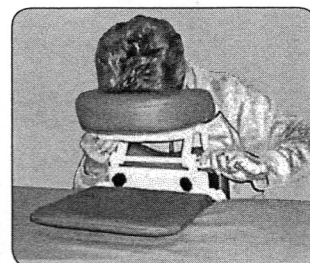


Fig. 4

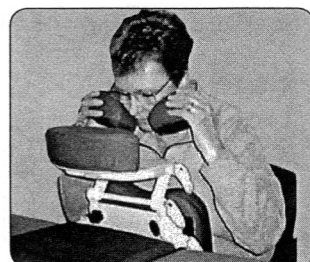


Fig. 5

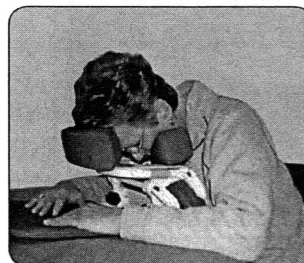


Fig. 6

Use Instructions (cont)

Additional Tips for Comfortable Positioning During Your Face-Down Recovery:

- The Crescent Face Cushion can also be adjusted for larger or smaller faces by flexing the ends of the crescent pad closer together or further apart. Hold the cushion in the desired position and place it on the Velcro® brand hook & loop fasteners of the face plate to secure the adjusted position. (Fig. 7a & 7b)
- Short, heavy-set or large breasted patients will be more comfortable with the face rest pulled towards them directly over the chest pad. (Fig. 8)
- The sternum pad works especially well when positioned vertically for large-breasted patients. (Fig. 9a) Another position found comfortable for larger patients is to position the sternum pad horizontally (Fig. 9b) with the ridge just below the breast area. The pad is used in place of the chest pad and is held in place with Velcro™ brand hook & loop fasteners.
- Chest Pad adjustments are easy. The Velcro™ brand hook & loop fasteners allow you to move the pad up or down, and to turn it sideways. Find the position that is most comfortable for you.
- The 3-Pad cushion is also advantageous for those wearing glasses as it allows the wearer to continue to wear the glasses to read or socialize while still maintaining the face-down position required. Adjust the cushion as described in the previous section. There should be plenty of space for your glasses to rest comfortably on your face, out of the way of the cushions with cheeks and forehead completely supported in the correct face-down position. (Fig. 10)

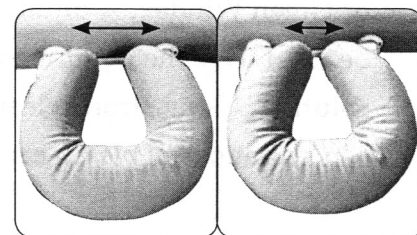


Fig. 7a

Fig. 7b



Fig. 8

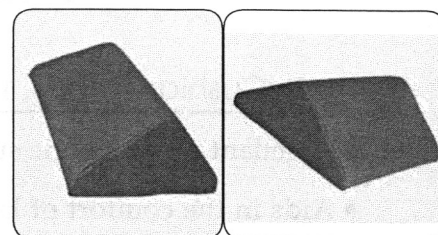


Fig. 9a

Fig. 9b

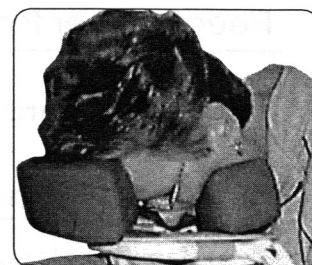


Fig. 10